

# ***\$5,000 Weight Loss Challenge***



**Weight Loss Challenge Dates**  
**Monday, January 9, 2012—Sunday, February 19, 2012**

**COST:** \$50.00 per person (\$250 per team)

## **FIRST WEIGH IN**



**WHEN:** January 2nd—8th **WHERE:** World Gym in Norwich

**TIME:** 5:30am— 8:00pm M-F and 10am-4pm weekends .

**SIGN UP:** Call Chris at Baillargeon Athletics at (860) 303-4959 or bathletics@snet.net or stop by World Gym Fitness & Sports Complex.

Teams of 5 compete to see who can lose the greatest percentage of body weight during this 6 week period.

Six (6) weigh ins required during this 6 week period. Gather your team of 5 and start thinking about your TEAM name.

During this 6 week challenge, each team member will receive:

- The chance to take home \$5,000 per team (\$1,000 per person)
- One Complimentary Baillargeon Athletics Fitness BOOTCAMP Session
- 10 % off Baillargeon Athletics Fitness BOOTCAMPS
- 10% off PULSE Personal Training
- Recipe of the week, healthy living, weight loss and training strategy e-mails and updates from Baillargeon Athletics
- One Full Hour Fitness Consultation with a World Gym Pulse Personal Trainer
- **NEW** - Free Membership / Non-members may exercise at World Gym during this period at no extra charge.

**GRAND PRIZE—**

**winning team of 5 splits \$5,000**

**2ND place team**

**receives a G Relax Package at the G Spa MGM Foxwoods and (2) \$50 Gift Certificates each**

**3RD place team**

**receives (2) \$50 Gift Certificates each**

**SPECIAL THANKS TO OUR SPONSORS:**

**G Spa, Antenna Salon, Inner Balance, New Beginnings, Clean like Mew, Wireless Zone, Bella Fiore, Edible Arrangements in Norwich.**

**Baillargeon Athletics**  
**"Fitness BOOTCAMPS"**

**WORLD GYM**  
Fitness and SportsComplex  
www.worldgymnorwich.com  
2 Wisconsin Ave. • Norwich Business Park 06360 • (860)887-3591